There has always been the question as to whether music can help students become successful. Some may disagree and say that music is a distraction and can not help students study. Then there is the group that would agree and have taken steps to research the facts that can support the idea. They look at the brain and the different parts to see how music has it’s positive effects. With this research, it can be divided up into three main categories: music and memories, music and emotions, and therapy through music.

Information on Music and memories can be a fairly difficult thing to understand as there are many ways they are connected. Willard Van De Bogart and Emelia Michels Ratliff both give information on how music and memories are connected. Bogart uses quantum compositional framework in composing electronic music to help configure lost memories. Ratliff states that random songs can often bring back nostalgic experiences. While they both agree that music can bring back memories, they come from different standpoints to prove the idea. Bogart uses electronic sound synthesizers and talks about quantum neurology to cover his side of the idea while Ratliff tests to see if playing music that is similar to what the person likes can frequently co-occur nostalgic memories.

Aside from music and memories, music and emotions have a strong connection as well. Stefan Koelsch, Ketki Karanam, and Marko Ahtisaari all give ways on how music has some effect on a person’s emotions. Koelsh gives a starting point for a systematic coherent, and comprehensive theory for music-evoked emotions. Karanam and Ahtisaari covers how being emotional is natural and that music can help experience a greater form of emotions. Koelch agrees with Karanam and Ahtisaari as they discuss how music has can evoke the full range of human emotion. Koelsch gives the basic principles of how this is possible and Ahtisaari and Karanam do a scientific investigation to cover the idea.

Lots of students have stress due to big tests and big assignments, music can help cope with the stress as there is therapy through music. Blythe Legasse and Kyoung Soon Lee both discuss how to use music as a form of therapy. Legasse gives a neurobiological approach more towards rehabilitation whereas Lee measures the effect of music therapy on stress. They don’t necessarily agree with each other but they take both sides on using music in therapy.

In conclusion, all the sources give their own form of how music can help people in many different situations and proves that music is more than just an orchestrated piece of music. The sources that have been laid upon are articles for success in school. Music can in fact help students become more successful if it is used in the right way. While music only seems like a privilege for living life, there is more to music than just listening to it.